

Monograph: The Extra-Terrestrial Issue

June 2011 – April 23, 2014

Introduction: When reading this material, I simply advise an observational, open mind to receive the information. Then I suggest discerning reflection and a modicum of logical, sequential thought to process the information, in order to come to an understanding appropriate for each individual's unique destiny needs. Existence is a puzzle, and we all have a few pieces. I trust that the ones I found will be helpful in your big picture.

If sharing the information in this monograph, please include this introduction and you may copy one or two paragraphs. If more is desired, please refer those interested to my web site, and give credit and acknowledgment to my work. Thank you. I wish you happy, enlightening reading. Kienda Valbracht - www.cosmicodyssey.info (510) 395-5684.

June 2011

"Not many will survive the coming changes. Some may be air-lifted to safety, but most human ETers are gullible fools, in that they expect saviors and they are not ready to work individually for the new influx of technology and the creation of the new world. They are still thinking in spiritual materialistic terms. Know that like in "Peralandra" the dark side will continue on in the New World. It's just an ebb and flow – a contraction and expansion."

"Information is vital to a true awakening to objective spiritual reality, rather than a mere manifestation of wishful thinking, ungrounded desire, and innocent and ignorant acceptance of whatever presents itself. Discernment is necessary. Few yet have the information and tools for spiritual discernment, or the strength to apply it or wield the "sword of discernment." Please, Kienda, get busy. You have the tools and are using them properly. You need to impart the information that has been vouchsafed to you. It's not for you alone, but you have received the gifts of knowledge and insight in order to share them with other human beings. Move! Do!! Finish and move on – speaking, writing, blogging, etc. People need a conceptual matrix which you are so fond of saying – a conceptual matrix of your world in the cosmos, the evolution of consciousness and the objective spiritual worlds. Do it! And do it now! It is the perfect time. Absolute clarity must be offered to humanity, as the masses are opening to new possibilities. It's not too late – it is perfect timing. NOW!!!!!!!!!!!!!!!!!!!!!!"

I sat still after the transmission and thought about it all. The following is my process. The dark side is trying to do a take-over through the governments and the over-throw of governments. The rhetoric is still in the terms of 'victory' and 'we will do this for you' and 'heaven has given us the task of saving earth' etc. Not a single word of Christ.

We humans are pretty stupid, it's true, but we are on our own evolutionary path to higher and better things. We don't need rescuing from our own insanity or responsibility. Just please, remove the interloping elements and let us move forward on our own human

path. 'We don't need no stinking badges' from the questionable side of the false face of the Galactic Federation of Light, as it has been co-opted by the dark side or falsely misrepresented as them. Yes, the Galactic Federation exists – and it too, has differing sides, opinions and factions; however, the dark side is masquerading under similar names. “How does a human being discern the nature and quality of their contact with the Galactic Federation and inter-galactic, inter-species?” was my next question. I must now speak from my personal human standpoint based on the read and understood content of Anthroposophy, and everything else I've ever read and learned in this lifetime.

The greater picture of the evolution of consciousness, and the pattern of progress in the universe is that each being on each dimensional level is moving upward and helping those below, as they are helped by those above themselves. The 3rd and 4th dimensional worlds are the lowest point in physical manifestation. Humanity is at the bottom of the pile. To move upward with the rest of created existence, we must understand, love, and master every atom of physical materiality. Then we will be able to transform it and ourselves and 'ascend'. Well, we are not there yet, as is obvious by the state of our planet. A few have succeeded over eons of human history. We need to go forward and many of us need to achieve this comprehensive state.

Having extra-terrestrials sweep in and redesign human life is not on the docket. It would not further human evolution: it would further their own aims. We human beings must learn to do for ourselves. And besides, we have a hierarchy of our own solar system who are rightfully helping us, their little brothers and sisters. Christ and the angels need not come and intervene in space ships. We are receiving the help and guidance from above that we need, should we just attend and listen.

There will come a time in the future when contact will be appropriate. Right now it is not. Humanity is vulnerable and weak. We are going through an inner transformation. We are in the midst of a consciousness growth spurt and it is not appropriate to externally actualize these changes by an off-planet external intervention masking as spiritual when it is blatantly materialistic. Angels and others of our solar system hierarchy – our fellow evolving entities under the 'auspices' of Christ the Solar Logos – do not need space ships. They have ascended upward to higher dimensions before us. They live and create in and through humanity, in that we also have etheric and astral bodies, and the spiritual essence of the Ego/I which is an aspect of the universal 'mind of God' – the substance or vibration out of which all the whole created universe came, comes and will be coming.

So again, although humans are indeed struggling and sometimes seem to be losing ground on the path to enlightened consciousness and compassionate action; it is our process and we must by our own efforts win the prize of conscious evolution into our Solar Confederacy and ultimately fully conscious representation in the Galactic Federation.

If our planet is reorganized by another life-form – no matter how seemingly nice – and we are taken over by another race's values and priorities, humanity will have given away its freedom to evolve to the best of its own inherent ability. We must not abandon ourselves to

some other force, race, idea, ideal, structure, form of government, parameters of acceptable behavior, or spiritual or physical judgment. We are at a crucial turning point in human evolution and must not be stopped or co-opted for any other agenda. Humanity has its own row to hoe. Although it looks like we are headed for an 'Atlantean scale' shift, brought on by our own actions; we will learn through it and clear and cleanse and purify ourselves, and in the end, come out healthier and stronger, wiser and more compassionate.

So to those beings who intend to intervene in our human physical world – by whatever name you call yourselves, “Thank you but NO thank you. We are hard at work learning and transforming along with our Mother Earth and the Sun and the solar hierarchies as well as the spiritual Zodiac all the way to Galactic Center. We do not need or ask for physical distraction. If the interlopers here already could be called back off of earth – as was decreed by the true Galactic Federation in their message from Mount Shasta on Tuesday, March 29, 2011 – that would be fine. Then we can get down to the business of becoming true humans on earth. Other than that, and through imagination, inspiration, intuition and clear thinking, influencing humans from the higher levels, allow us to manifest what we choose in freedom. Back off, please.

Thank you.

Monday, June 27, 2011 – Bellevue, Washington

It is evening now. I have been listening to a white young woman masquerading as a Native American Elder. She says from the Hopi elders prophecy that the white men in the silver discs will come and help build the new world. Is that true? I listened to the Hopi prophecy many times just a while ago and did not hear that stuff about white men and silver discs. The final prophecy spoke of Blue and Red Kachinas.

And considering what Rudolf Steiner says about the work of the angels in man's astral body – that they are placing picture images of future evolution and future culture and society and brotherhood/sisterhood, his analysis does not include extraterrestrial interventions. We are also working on the etherization of the blood through Christ in us. I do not see where an “alien intervention” by white men in silver discs comes in. That might be the big play and ploy to derail the inner evolutionary changes that are coming – for people to go belly up and on their knees to another set of alien gods.

Humanity needs to work a bit harder and do it ourselves. Having external physical help, may not really be a good idea. We can accept inspiration and inner guidance through our angels and ancestors and even other extra-terrestrial beings, but their actually coming down and doing stuff? I don't think so. We shall see. Christ's cosmic deeds have made it possible for us to evolve and ascend. We do not need other interventions. We have Ahriman and the Azuras already here to deal with.

Wednesday, July 27, 2011 – 2pm Meditation - Olympia

It was the 2 – 2:30 meditation, and I was late – again. I ran up all hot and flustered and breathing hard. A being greeted me, saying, “Well, still the disheveled angel I see.” (He was

referring to my near death experience at birth.) I said, "I don't know where I am supposed to be. Can you help me? Where shall I go?" He asked me, "What are you working on – what are you interested in?" To which I replied, "Well. I am working on time and timelines." "OK," he said. "Follow me." So I did, and we ran down some halls and turned a few corners and came to a door on the left which entered a small amphitheater for about 100 people, or so.

We entered at the top of the room. The seats were all descending in rows below us. I got situated in the back row, and looked around. The Being who got me here was gone, and I was the only human being in the whole room. There were some empty seats around me, but the rows closer to the front were filled. Every being was of another 'race'. There were beings that looked like humans with 'shrimp-like' heads with all kinds of antennae sticking up, and beings with multiple arms, and the praying mantis type of beings. All were taking notes and the lecturer had the large blackboard covered with mathematical formulae and equations and numbers and symbols. He was of the 'octopus-like' race.

He looked up at me once I got seated and said, ' You are late, but since you are here – do you have any questions?' I replied, "Sorry about being late, however, I don't think that I would have understood what is on the blackboard. I just don't fathom numbers like that. But, what does it mean?" He actually smiled and said, "Good question, I'm glad you asked. Yes, it is about time and time is telescoping – each segment – each delineated passage of time is getting exponentially shorter and space is likewise becoming smaller. We all in this galaxy are headed for the eye of the needle."

"Because Earth is in 3D and 4D (time), it has still a physical body as do most of her inhabitants. It is going slower than the other dimensions, and so other beings who are not yet ready to 'ascend' or go through the eye of the needle, but are teetering on the brink of the waterfall, are trying to flock in to Earth to slow their own processes down. Unfortunately, you on Earth are at a critical juncture in your evolution. It is not yet clear how it is going to go." The lecturer addressed me specifically, again because I was the only human being in the room. "Could you say a little something about that, please?"

"I stood up and said, "Greetings, my Friends, I have met many of your 'people' in the Galactic Federation. I am happy and honored to be here with you at this time, even though it may have been a mistake." We all laughed. "Yes, it is critical. We humans are quite primitive, but we have potential. We need a time – a little space of time – when we are not under the intense psychic or spiritual influence and manipulation from too many beings in the unseen worlds. We need time to wake up and see the spiritual as well as the physical reality of what we have done so far. Therefore, from my point of view, and I am only 1 of 6 or 7 billion, human beings; I would say that so long as others do not transgress human free will (which I know is used by many of us to remain asleep and adamantly ignorant) it might be all right. But for a bit, we do not need interference in our working out our own problems and learning our own lessons. I think that it would probably be OK if Earth could be a helpful place for other's evolution as well as human freedom. A good idea would be to ask Christ. And if it works, so that humans and others can evolve individually in the same space/time continuum, then great. I'm glad and 'welcome.' If not, for I am not very

knowledgeable, really, about the ramifications of such things, – then No, Please, and I'm sorry and wish you the perfect place to meet your needs. Thank You.” And I sat down.

The lecturer down front said, “Thank you.” and adjourned the lecture for a break. The beings all got involved in very animated and intense conversations among themselves, and a few came up to me and wanted to see what a human being was really like. One Shrimp-Person tickled me with the various feelers on his head. The different antennae are sensors for different kinds of rays and vibrations. This concluded the meditation for me.

Saturday, September 8, 2012 – Nevada City, California

Time as we have known it in the past is changing. The consciousness which is possible now in the present, can change and heal the past. The Warriors of the Rainbow Light, and the Native Americans and others released from the corrals in the after-death worlds are healing their pasts and editing and re-writing the Akashic Records. They have experienced a delayed kamaloca after death in which they can make significant changes because they had already fallen out of the normal flow of the after-life pattern. A present conscious experience of one's personal past, can also mend the broken places, heal the wounds and traumas, and rewrite human history.

As each person works in this way, healing their personal present and past, the new revelations leading to changes in the past itself, have a ripple effect on others in the past also. The karmically entwined damage to others from our past misdeeds is ameliorated with our karmic clearing. Our destinies are inextricably woven in the tapestry of past history. Any change in one's past life, affects innumerable other's past lives. These changes come forward into the present.

The psychological modalities of today are also healing the past. Through emotional and cellular release of the karmic residue of past life trauma, and with clear consciousness spotlighting trauma from past lives, we are together reweaving the tapestry of life – picking up dropped stitches of deeds undone, untangling relationship snarls, and embellishing and embroidering our pasts with threads of clear, Christed consciousness, forgiveness, gratitude, and compassion. We need to do this work mightily, so that the new world will not be burdened with the detritus of the past. We must clear the past for a clean, new, unfettered future. Let's get to it!

Thursday – July 19, 2012 – San Jacinto

The Galactic Federation is made up of many kinds and races of beings. Almost all of them have the capacity for three dimensional and higher manifestation. As each world – meaning planet and solar system – evolves, they go through a 3-Dimensional period in which the 3-D paradigm locks consciousness into itself. That period of time is usually short compared to the 'eternal' time frames of higher dimensions, where cause and effect, or karma, do not operate in the same way as in a physically manifest time and world.

Just because Earth is in 3-D and her people are too, does not mean that physical, sense-perceptible beings are the only ones inhabiting the planet. The scheme of universal evolution

is for each specific, individual entity to successively master higher levels of existence, moving ever up the vibratory planes and mastering every kind and quality of the experiences possible within each specific dimension and time frame.

Therefore it is appropriate and should be understood, that on planet Earth, a 3-D realm, in every vibratory dimension, beings are going through the appropriate challenges to master their resident level of existence. Many of these non-physical beings accompanying humanity, have been known for a long time, such as angels and archangels. The various gods and goddesses of antiquity from all over the globe are also such beings. Contrary to popular psychology, they are not just fictions of superstitious minds wanting to make sense of a world they could not yet explain through science. The gods and goddesses were beings from other, higher dimensions and vibratory states than humanity inhabited in ancient times; hence their super-power qualities and the adoration as divine they received, by a less evolved, less masterful human race.

Now the question arises – where do these gods and goddesses reside? Just as humans have feelings and thoughts that cannot be seen or perceived physically, though we have observable physical bodies, so does every other created thing in the universe have aspects of itself in a number of different dimension. Humanity has a sense perceptible physical body, and a body of specific vibrational feelings, and a different body of differently vibrating thought. We also have a capacity for spiritual perception which is our highest vibrational aspect at this time. We live in different dimensions – from the physical, etheric, and astral to the spiritual.

Angels also live in the non-physically perceptible realms of feelings, thoughts and true spiritual vision. And they exist in a realm or two beyond what humanity has available at this time in our evolution. Archangels are not bound to the feeling realm, as are the angels, but live in thoughts and spirit visions and even higher planetary consciousness. Other beings in the hierarchy of existence have solar system consciousness, galactic and cosmic awareness. The many kinds of beings described as celestial hierarchies span time and space, multiple dimensions, and center their consciousness within certain vibratory fields in planetary realms and beyond. Finally, we reach the home and heart of the Creator God of our quadrant of the universe in Galactic Center.

With this sketchy outline and understanding, the issue of extra-terrestrials, who? from where? and why? can be addressed.

Ideally, evolution moves the beings of each realm up one notch or category, within a certain time-frame which is calculated so that the beings can master the lessons and qualities and be ready to move on to new challenges in the dimension above them. That is the underlying principle of evolution. However, not every being learns the lessons, masters the tools, or achieves the new capacities and abilities in the allotted time. Therefore, they are held back and their evolution becomes retarded. They are not within the proper flow, but instead, are in the program of the next group that ascends to the dimension they must continue to inhabit because they were not yet able to achieve ascension into the next higher realm themselves. That scenario has been played out for eons. There are retardant beings of almost

(I am not sure if it is 'all' or just 'most') all categories of existential consciousness. This causes a few problems in goal setting and the means of achieving the goals within each dimension throughout the galaxy. The retardant beings often work at odds to the incoming beings newly ascended into the same dimension. This brings a conflict of interest into just about every realm. The human realm is just one dimension of many and the 'home' of many different kinds of retarded as well as properly evolving beings. Humans need to develop 'freedom and love' in this round of existence. We are finding that difficult because our dimensions are also inhabited by both positively and negatively evolving beings: angels and devils, good and bad archangels, etc.

And the rest of the systems in our galaxy are the same. Many of them are far advanced, compared to Earth/solar evolution. Some are behind. Each of them is grappling with the same scenario: proper and retarded evolutionary development of the resident beings in each realm at the end of each phase of their planetary/system development. Once again, it is wheels within wheels – all turning in their own ways to the beat of their own evolutionary drums.

The question of who are the ETs visiting Earth, and what is their motive and why, is a very complicated question – recently asked by my friend.

Monday, July 22, 2012 – San Diego, California

After the morning's meditations, I addressed the ET question. I visited with Siridon on the Mother Ship of the Galactic Federation, and my spiritual family and four Warriors of the Rainbow Light and a couple of the Native Americans and I went to a briefing on this topic.

“There are many ETs still on earth who have been here a long time. The reptilian type who came with Lucifer and the Anunaki in pre-Babylonian times are two kinds that have stayed. The Katchinas in the American southwest are still in the etheric planes there. Some Native Americans have a tradition related to the Pleiades, and I am sure that there are many more. There are legends and stories about star children, especially star maidens in many cultures. The intermingling has been going on a long time. Both the Pleiadians and Sirians continue to be in touch with the succeeding generations of their kind, or the vestiges of those who remain here on whatever plane.

Those that have stayed have not evolved very far, since they became retarded higher beings on a planet that did not offer the challenges and lessons they personally needed for their own development and evolution. Many took positions of leadership in developing early cultures – the Anunaki in ancient India and the Middle East and Ireland, the Sirians in Egypt and Africa, and both the Pleiadians and Sirians in the Americas. In each of the cultures that arose through their guidance and assistance, some ascended higher as appropriate, some stayed behind. The correct way to rightfully assist another developing race is to guide and bring new impulses into the existing culture, wait and nurture the new skills necessary for mastery of the new impulses to develop within (in this case) humanity, and then step back and see what they do with their newly acquired abilities. Some of each kind of ET did that. Others have stayed and continued to try to control humanity more and more. These are the negative, retarded beings in all categories of ET races.

Among themselves, from the higher vibrational realms they all inhabit, they can see or perceive the motives and temperament of one another. Humanity – still working its way through 3-D reality – has not yet developed the spiritual faculties to perceive such non-physical aspects of one another, ETs , or spiritual beings such as angels.

The faculties of non-physical perception are slated for development now and in the near future. We as a race are not prepared to consciously deal with beings from higher dimensions until we have activated our spiritual possibilities and awakened our spiritual organs, exercised our spiritual abilities and gathered some needed spiritual tools for navigation of the physically un-perceived realms.

The positive, life and evolution supporting beings of all classes and categories are working to protect humanity so that we have time to develop those needed faculties. Unfortunately, the luciferic beings have insinuated themselves into the human constitution and remained there since the Fall in Lemuria. We humans have had a difficult time with this intervention and transgression against the positive direction of our evolution.

However, it is a fact, and we must face it and overcome it. We must develop our spiritual organs of perception so as not to be taken advantage of by ETs or negative spiritual beings or by human beings under the influence of the negative forces and beings resident on this planet or gazing down on us from the sky, with their own agendas.

Humanity – WAKE UP!!!!!!”

Friday, February 17, 2012 – The Asheville Astrology Club

The Asheville Astrology club presented a clairvoyant who had a slide show of the planets at the conclusion of the evening. The slides were often misnamed, so I closed my eyes and had a brief journey which was great.

Jupiter came to me on two legs, and we jumped firmly on the ground and sprang into the air and up to Jupiter. S/he took me like a dog toy in him/er teeth and shook me violently. The image of “Men in Black” of K shaking the dog, came to my mind. All kinds of extra-unnecessary baggage got shaken lose and flew off of me. After I was thoroughly shaken and cleaned of all excess stuff, Jupiter did a volleyball serve with me as the ball – sending me flying up to Uranus/Vulcan.

Uranus did a slam dunk of me like a face-plant into the surface of the planet. Going through the crust, I was crumbled to dust, and then penetrated deeper into the watery layer of Uranus. I swam inward and came to a “glass bubble around the center of the planet. It protected a whole civilization – a whole world. I tapped on the glass and a being motioned to me - with a hand he had grown in order to do so – to swim up to the top of the planet's north pole with the moving streams of water. So I did and came into the center of the planet which is a civilization of the future. It is a co-operative, compassionate community. I went into the center through the usual entryway. Then the time was over and I returned to Asheville, North Carolina.

December 29, 2012 – San Diego, California

The usual meditations and finally very deep. The central channel of white light received horns and the sun disk, or rather the sun sphere, shines in all directions. All chakras are living and moving and well and bright

The spiritual family and I went up to the donut to look back on earth. We saw all the dark influences, like black cords coming from the negative spiritual worlds to a number of people and then from those people spreading out to others from black cords – solar plexus to solar plexus.

I declared and affirmed that all off planet beings were not allowed to be here on earth and then further declared that the black negative spiritual influence which did not leave humanity free was also no longer appropriate. The human connection to the spirit worlds whether positive or negative must now be initiated by humans individually.

The Warriors of the Rainbow Light unsheathed their rainbow swords and moved across the globe severing all the black ties that were coming from above. When that was finished, except for a couple of places which were too dense and steel hard (Switzerland, Italy, England and the east coast of the US) and some which are chaotic swirling masses of dark matter (Africa, South America, China and Korea.) When the main cords vertically from above were cut, they fell back into the people. The horizontal cords from person to person then went slack and the people on the end, who only received the influence from other humans, felt, as the whole world received it too, a tremendous wave of light from above and a surge of loving earth forces from below. Millions of those cords were blown out of people with a great popping sound. It sounded like cosmic popcorn, all over the world.

Now, people are clear of those sticky black cords of unconscious influence from others. The black cords had snapped back to the senders who are covered in the sticky black goo. The cut vertical cords from the dark spiritual forces had also sunk back down into the people. There will be even more fuzzy thinking in higher places and unreasonable declarations and actions.

2013 is the year of action – the years of doing. Grass roots people are now free to choose which actions they will take. We normal, little humans are free now from undue influence for a while, so we had better act quickly and decisively and strongly. I need to speak these things out into the world, to help people realize what is happening.

Monday, May 20, 2013 – San Diego, California

“Well, that’s all good and all, - AND?” is what I heard upon entering the meditative state. The question then turned to the ET situation. “More highly evolved beings do not need to manifest in 3-d. They may choose to do so, but that is not necessary and takes a lot of energy for very little purpose. They don't need to prove to any human beings that they exist. Those that do choose to manifest – pull together the elements for a physical body and then to inter-breed with humans are of a lower vibration anyway and are colonizing earth both physically and genetically. In early earth history, shortly after the 'fall,' there were a number of interventions of the latter type. 'The sons of god found the daughters of earth pleasurable,' or some such quote from Genesis in the Bible.”

“The beings who have the task of giving humans the opportunity for lessons in opposition, have come from elsewhere and are infiltrating the etheric (Ahriman), the astral (Lucifer), and the Ego/I (Azuras). There are all sorts of sub and super sensible forces and beings at work in the human being's various bodies.”

“The true Ego/I – the Christ in me, my higher self, must learn to govern, direct and moderate all of the forces within myself – within the temple of my body – the Elementals, my etheric forces – the beings of the etheric world including Ahriman, my astral body – my emotions and Lucifer, and my Ego/I – Christ in me and the higher spiritual beings, both positive and negative, light and dark and the Azuras must also be redeemed.”

“That is the human job and is to be done through the power or force of Christed consciousness – to raise and redeem all we come in contact with, up to the next higher level of existence and the next and the next. Nothing must be left behind. 'We all go together when we go.' Each lower vibrational state of existence can be raised through the activity of consciousness – loving, compassionate, Christ-like consciousness. We are gods and goddesses in training. Our bodies are our individual galaxies – everything is imbued with the mind of the creator god of this universe and humans are fractals of that creative God pattern.”

“We should get to know and work together with the higher beings in our solar system. That is a vast, yet human scale entity with which to work and as Christ is the Solar Logos, it is most appropriate.”

“The ET issue: any ETs that manifest physically are not appropriate for earth and are interlopers for their own ends. Humanity as a whole is not ready for interstellar interaction because we are not evolved enough not to do harm to us and them and our own planet. “

“We can and (should?) contact them mentally and spiritually. It is important to know what is going on out there, as well as knowing what is truly going on here at home (which is mostly NOT GOOD.)”

Saturday, May 25, 2013 – Boulder Gardens in Joshua Tree, California

It depends upon when in the evolutionary scheme of the 'solar' system, the human life-form precipitates out of the primordial spiritual soup of the system. Usually there is an order and a time frame for the proper or most life enhancing evolutionary plan for each system. Without an intervention, there would just be a gracious evolution – and there have been such. Jupiter comes to mind and Lyra and places I do not know the names of (Abraxas, Winniman 3.) I see them as bright, steady but gentle lights across this quadrant of the galaxy, Most if not all of the star/sun systems had, have had, or will have a stage of evolution which includes a human species – human being is described here, as an entity consisting of physical, etheric, astral and developing Ego/I. The consciousness of each 'solar logos' is what guides the development of the whole system, aided by the other hierarchies.

We human are headed to becoming, each, the logos of a solar system which will be the result of our own evolved consciousness and expansion into space.

There is something about black holes as being the birthing channels from one dimension to another, and taking a certain amount of 'undifferentiated matter and energy'

along with the birthing entity, to create a new system or galaxy or discreet system of some kind. It all depends on the level of creating abilities of the Ego/I or higher body. The creatory force/mind sets patterns into motion in the quiescent, unformed matter and then the patterns ripple out into, or evolve into more and more complex forms of manifestation (fractals.) At a certain point of complexity and perfection of the designated levels of vibratory states, physical, etheric, astral, Ego/I and higher and lower states, (we are not aware of yet other than the sub-etheric elementals, and sub-physical forces such as electro-magnetism), aspects such as spirit-self, life-spirit, and spirit-man. (There are many stages below and above those which are expressed by Rudolf Steiner as Old Saturn, Old Moon, and Old Sun the whole 'planet/system' jumps up a notch. Each kind of being (on Earth we say, physical/mineral, etheric/plant, astral/animal, and Ego/I/human) moves up an evolutionary step.

It may be that in this kind of scenario, a human-like form is evolved when the four bodies are first integrated. When angels had their four bodies like us, does that count as their human-like form, if that was on 'Old Sun' and the physical mineral world was so rudimentary?

Perhaps it has to do with how many 'rounds' that include a 3-D existence? Animals will move up, but will the earth have ascended physical existence herself by that time?

Since humans only achieved free-will since the Fall, duality has offered choices since then. Unity in god-consciousness and the spirit (Eden) does not have a place for a choice, usually. Having four bodies in 3-D seems to be necessary to qualify as human-like. This specific configuration allows for the necessary steps in evolution to be possible to become a 'creator-god oneself and carry on the birthing and replication of 'solar systems' within this quadrant of the galaxy.

So, my first thought of numbers of habitable planets with humanoid life forms, in this quadrant of the galaxy, was a few hundred, if not a couple of thousand. And now, at the end of this meditation, the same numbers appear. And of course, among those, there is a long span of evolutionary time until the humans become truly human in the best sense of the word. Some, as I have seen and experienced in journeys to Galactic center, are very much more primitive than we, and brutal like the dark ages, which were only a 1,000 plus or minus years ago, Earth time reckoning. The heights of flowering civilizations is a brief moment in time.

Then the issue arises – interstellar travel? Optimally, there is no physical interstellar travel and intermixing while a system has time to develop in its own unique way – with guidance from higher levels of the 'solar' system and up to the creator god, who pretty much leaves evolution in the hands of those who are actually evolving, and the 'might' of the pattern set in place by the 'solar' regent. So we need to look to Christ for our pattern. It is the correct pattern for our solar system, since he was 'human' at some point way back and is the logos of this bit of evolving matter.

Since the number, hundreds if not a few thousand, has come up, I wonder if not (and I have thought this before) in the end of ascension, there are a total of 144,000 complete human beings who are composed of many individualities. Or that there will be 144,000 who actually

evolve to the point of conscious ascension. The rest of us (if we are not compositae, and all go together when we go) are resolved back into original matter, including all four bodies back into the undifferentiated matter-pool. This might mean that there are approximately 144,000 systems evolving along somewhat together, at this time in the universe.

Thursday, May 30, 2013 – San Diego, California

Today, I did a complete meditation to get back into the swing of it – and it was so profound. The Caddy up and running, I went to look at Shasta again. It is still under siege by the dark forces. I asked, “Is Siridon here?” They answered, “Siridon? We have no truck with his kind.”

Then I went up to the New Jerusalem and they said “Welcome Kienda and your marvelous spirit team. It is coming to an end. Do the best you can. Stand in your power and act each opportunity accordingly. This is your chance – to speak absolute truth. Your touch-point for massive transformation is the sessions into past lives that heal the whole human past. It will furnish an experience of conscious work in the spirit worlds. Reach as many people as possible and facilitate journeys. “

There is a whole wing of the big golden building with the amphitheater, for the Galactic Federation.

The moon sphere is the landing location of the Great Mother Ship, that I have been in and met Siridon and the others. Because there is no 3-D physical dimensionality, purified thought and desire are the way to motate around the ship. That’s why humans are not ready for such. We do not yet have control over the mind or emotions. Movies and things come up into consciousness, etc, and fragmentary memories or images that would be better left un-remembered and not manifest in etheric thought forms.

So we walked down the hall and first door on the left. (my usual.) We – the spiritual family and I – sat around an oval table with Christ and Siridon, Archangel Michael and the original White Dragon. Michael gave a report. “The battle is not going so well. Humanity is becoming almost irreparably damaged. The worst offenders are GMOs and radiation on the physical level and the constant onslaught of images and ideas from TV, school education, and movies, etc. Any pre-formed image takes up time and space in 3D. You know the damage of GMOS and radiation.”

“The few – you and as many others as possible, must awaken further and live cleaner. Spiritual teamwork is indeed being called for.” Rudolf Steiner then joined the group. “The healing work with the Elementals is also crucial. There is a team of two of them forming also. It is an anomaly for them to work together consciously in inter-Elemental groups and to team up with all kinds of dimensional beings. Guide or be led as you realize it is important and appropriate.”

I asked Siridon about the cosmos and the number of inhabited planets and he said, “Millions – everything is inhabited. The 3D ones are fewer – thousand and in all stages of development. In 3D, as you know it on Earth, hundreds at the crucial point that Earth is in.

Some 'humans' are doing better – others worse. Right now Earth is at the tipping point. You may awaken and work more diligently or you may slide in a stupor downward and have to climb back up again to try to make it over the top to the next higher stage of evolution. It does not look good for humanity as a whole yet. Individuals? yes, the mass of humanity? Not really.”

“In the end, of course, all will be well. But as time progresses, the end can move farther away and that denotes more difficult lessons. Or, time can shorten and mean a quicker turn-around time. Whatever, the upshot is: individually, each must awaken to the knowledge of micro and macrocosm – how they inter-relate and how to become positively active in your world and co-operate with adjacent worlds. It is possible to do that and in fact, it must be done. So, Kienda, it is your task to share this information and assist others in accessing these tools and methods of inter-dimensional communication. GO and DO!!!!!!”

Sunday, July 21, 2013 – San Francisco, California

Then I went up to the New Jerusalem, and as I was walking in, Christ called to me, “Come up here Kienda Valbracht.” So I did. The hall was a gathering for the Galactic Federation, and beings from all over this quadrant of the Galaxy were assembled. Christ said that the conceptual matrix is Urielic wisdom and that we humans must extend our knowledge and understanding of the cosmos in such a way. We must become conscious participants in the evolution of ourselves, our planet, our solar system, and our galaxy. We must understand the evolutionary pattern of this time and place as it relates to all times and places in the cosmos. Star wars is real. We must come to comprehend the vastness of creation and our part in it. “*The Dragon Quartet* and all your writings are pieces of this very large and complex puzzle.”

Monday, November 11, 2013

When we got up to the New Jerusalem, we were greeted at the door and it was suggested that we go to a meeting down the hall. “And yes,” said the welcoming angel, “there is always something going on in the auditorium and in most of the classrooms and small amphitheatres.” in answer to my unspoken question. “You may come any time. Today there is a special meeting with Siridon and Reginald. Down there.” and he pointed down the hall to the left. The Galactic Federation has a wing of this building somewhere, I just haven't been there yet.

Shushilla is with us and the White Dragon of Sirius was in the room. They went off together to help Ignazio's dragon. He is a blue shade, but all dusty and somehow, his wings are glued shut. Ignazio's doubt has resigned his dragon to the dust bin, but he can be reclaimed.

So Siridon from Sirius in the present now time, and Reginald from Lyra and Vega eons ago, are here with Ignazio and I. The settlement on Mars that I heard the Tall Whites or was it the Nordics came from, is just that – an outpost, a settlement for travelers. The Mars beings, the indigenous ones went through their 'human', 3-d stage long before earth was created.

While earth was still part of Old Sun, and they are no longer dense, and haven't been since then. But the settlements have been made by galactic travelers and the Tall Whites are one group.

Reginald said, "We have not intervened except to interbreed with you earthlings for pleasure and to lift you up. At that time, the population was small and struggling, so simply interbreeding was sufficient as well as simple transfer of energy by touch and intention. It was the Anunaki intervention, shortly after Atlantis went down south, that did the genetic modification. This is a repetition – a fractile of the pattern set in motion by the reptilian, Lucifer in Lemuria – the pattern of inserting something foreign into newly developing species for alternative goals, rather than the destiny of the populations themselves. It is patently not fair. We tall Whites as you call us, but Lyrans as we originally were, did not do those kinds of things. It is unredeemed reptilian behavior. When a species has evolved to a certain point, then we can interact. It is most unfortunate that the hard-wired reptilian brain stem was designed to be so impervious to transformation. Certain factors and characteristics were absolutely dominant. In this case, because we have no genetics that could surface as active evil, our mixing with your species could not undo the Luciferic implant. We have our faults and must redeem and heal parts of ourselves, even still now, but we never had an insertion of active evil within us."

"As you saw, Kienda, I am one of the least of my kind – but I am good and true. Personally, I just need confidence. And I am learning that now, thanks to Ignacio. I see his brilliant genius and I see his doubt which obscures it. (p.s. It is a Catholic hold-over.) Fantasy, as he calls it is the doubt filled, self-delusion of the only proof being scientific. He, like myself, has a problem with realistic self-awareness and true self-image. I always held back thinking and feeling that all the other Tall Whites were better at self-expression, etc. etc. But now I see that I too have a gift. It is the gift of understanding aspects of the human being that need healing. I am a remedial healer and psychologist for our traveling crew. Some run into difficulties on the long voyages. But here in the New Jerusalem it is more like our normal home vibration, so everyone is in top form here. I have been feeling extraneous. Now I see I can be of service once again to the human beings. I am profoundly knowledgeable about inner states, psychology and also, the workings of various spiritual entities and beings in all the different vibratory fields of existence. I think we have all found each other by cosmic design."

"There are so many creation stories and all hold a grain of truth. Shall we give it one more go? Perhaps what you and Ignazio know already will help in deciphering the meaning of the metaphors and unusual facts."

"Oh, yes, please." I responded. "Can Ignazio be healed and strengthened to be able to work actively and confidently also?"

"That depends on him." Reginald said. I will do nothing against his will and now his will is mixed – the desire to know and experience, yet the fear of the exposure of his damaged and unredeemed sides. He way want to sift through his life, one more time and release – jettison – those experiences, feelings, thoughts and attitudes that no longer serve him.; When

anything is let go of it should be released into the light, which will transform the old baggage to its more elevated state by the power of the light. It is not appropriate at this time to simply 'let it go' to swirl around in the lower etheric and astral worlds. Then those experiences and forces only feed lower inappropriate entities. Things must be transformed by the light."

"Then, the final phase of the release if necessary – to fill oneself with light and love. Call upon Christ and the angels to enter the space – to fill it and heal it with love and goodness and nobility. After a few days of this, and you can help, Ignazio will be ready to receive and work together with me and you and his dragon, Blue Bill, or more formally, Bhylarius."

"Thank you for speaking with me and initiating contact on Ignazio's behalf. All bodes well."

Tuesday, November 12, 2013 – Glorieta, New Mexico

I gave another 2 hour long phone talk to Mariko, Athena and the friends they are very attentive. When I got up to the New Jerusalem, Reginald said, "We have nature derived substances that change our chemistry or vibrations also. We only use them when individuals are not able to moderate their own internal states. That is usually in-extremis, in exceedingly difficult times and situations. Otherwise, most of us normally keep ourselves in balance and in an open, receptive, spiritually aware state. The substances always move us into a more narrow vibratory range. That narrower range may be higher or lower, but it focuses in a specific range, chemically and vibrationally. Sometimes that is useful. And the wiser of us learn to focus in the differing vibratory rates by conscious choice, rather than being physiologically limited there."

"Thank you, Reggie," I said. And he went on. "We don't have anatomy, but we do have physiology. Our bodies are complex systems of interlacing, interacting forces in the various dimensions. An example is the Eastern system of the meridians for acupuncture. They chart the flow of the etheric forces. The homeopathic essence of plants, minerals, and chemicals affect our subtle bodies in the way I have indicated because the etheric forces of the plant or other substance has been released from its physical embodiment and can work directly with the etheric body of the individual. At the gathering where we first met, you, Kienda and I, many of my colleagues were imbibing a substance that put one in a state of loquacious animation. I prefer not to do that, so you noticed the difference between myself and the others. But then, you are like me in that regard. And it has worked for both of our goods." That concluded Reginald's offering on the use and affects of substances.

Thursday, February 6, 2014 – San Diego, California

Vast numbers of many races are just doing the best they can – studying with the Ascended Masters of many races in the Galactic Federation – which was one of the original gathering organizations of multiple races and star systems in this galaxy. However, it has recently been fragmented on Earth and perhaps on other planets as well.

There are factions now in the Galactic Federation. Those that have polarized

excessively are introducing themselves to humans as the Federation of Light. It is a Luciferic faction, however. It is wielding its influence here on Earth through the New Age foibles. It is the dark reptilian group that has taken over the sacred mountains on Earth. So, although they call themselves the Federation of Light, they are working for the dark side.

The dark has a series of webs of control and power around the world: governments, finances – banking, insurance, and the stock markets, for instance. Religions have been infiltrated – Christianity, Islam, Buddhism, Jain, Sikh, the religions of Africa and South America. Every religion has been co-opted. Within each religion, there are good and striving individuals, but those who have risen in the power structures, are vulnerable to attack by their unredeemed human failings, and often succumb to the temptations of the dark side. The same is true in politics, finance, education, everywhere. Every large organization has become the 'home' or physically manifest body of dark, retarded spirits – Luciferic, Ahrimanic, and Azuric.

The Allies of Humanity and a faction of the Galactic Federation, still hold to appropriate human evolution. It is clear to them and to some of us humans, that the 'turning or tipping' point has come and that we have not achieved the highest possible state yet, but that the dark oppositional side has nearly enslaved the world. It has gone the way the ages of the past have gone – toward self-destruction through each and all of the seven deadly sins within each individual, and through the dark minions ensouling the institutions and organizations – governments, businesses, NGOs, religions – every organized aspect of human life. All that is left free of such ensouling take-over on a mass scale is individual grass-roots consciousness. There are a tiny few small groups that function well, healthily, and for the common good. These are the seeds of future human evolution, culture and society.

So, this turning point, calendar progression, major change in vibratory rate (not ascension yet) is taking on massive physical properties which will accelerate in the next couple of years.

The foible at the top is the lower egotistical desire to dominate and control, which is powered and manifest through money and manipulation. Some high ones in the Galactic Federations have fallen prey and are 'cleansing' the lower echelons. Since the dark side has taken on the name "The Federation of Light," they are roaming the galaxy and causing havoc on planets like ours where duality has not yet been balanced by the indigenous populations – in our case, humanity. We so easily fall for anyone or anything purporting to be of 'the light.' We need to learn to discern the motives and intentions behind the words and white robes. We need to intensify our intuitive capacities. Only then, can we discern our individual true path and have the courage and common sense to follow it. And now, the negative factions have boarded the true Galactic Federation Mother Ships and taken over, much like they did to the sacred mountains. Perhaps at the same time? – yes, at the same time.

This morning, after the usual meditations and creation of the Cadillac of astral projection machines (the Caddy), the spiritual family and I were assembling, when there was an energy above us and we looked up to see that we were being 'beamed' up into the great mother ship. We were not welcomed at the landing dock when we came. No one was visible.

We disembarked the Caddy, climbed the stairs, and walked into the familiar hallway. Siridon came towards us not wearing his usual Federation 'jumpsuit' but a flowing white robe. He looked haggard and tired.

Siridon has been under guard and stressed, and psychologically tortured to change him into a tool for the dark side's work. They would love to have him on their side, bolstering the illusion of their integrity. However, he has withstood take-over, but at a high cost of pain and suffering. I wept tears on the physical plane, when I looked into his spiritual pain-filled eyes. He was able to communicate much of what had happened.

The three reptilian friends I had met (by mistake) on board, have been sent to their home planet to get them off-ship. Once a reptilian has evolved to a certain state of light/dark balance and consciousness, they do not easily sway to polar extremes. These three and many others on the ship have been relieved of duty and sent home to their native planets. A number of other individuals were not so lucky if the invaders thought that they could be useful, like Siridon, and a few have been annihilated if difficulties arose because they realized that something was wrong and they challenged the new order.

I asked if there were others who should come with us, but it seems not. Siridon's best friend was already under the sway of the opposition. It is her karma now to work it out. I asked about the little Grey baby I once tenderly held so long ago, but was informed that she/it was not on the ship. (I would love to find her in the galaxy some day, and felt that the cosmic answer to that prayer was, "yes, that might just happen some day.") One potentially positive aspect of this take-over, is to educate the Greys that have worked with Siridon on the dragon egg project, to the fact that they now have the opportunity to choose which side they will support. This will be new for them because they have been the servants of higher orders of consciousness for a long time now and are being forced to face moral and ethical issues and make personal choices. All the love and appreciation that has been given to them will help them to choose the true federation and a righteous path for their own evolution. If they want freedom of choice, they must learn to honor others freedom as well.

It was clear to all of us that the fragile parts of Siridon that were present with us were going to leave the ship and go up to the New Jerusalem. That would mean leaving his etheric body which held his physical template, and which was on a bed and being tortured and damaged with a radioactive isotope. He would not die if he left, but before too long, he would have to reunite with his etheric body or he would indeed expire. We contemplated rescuing his etheric body. The Warriors of the Rainbow Light went to reconnoiter, but came back with bad news. The dark side has constructed many barriers in many different dimensions – etheric, astral, and I don't know what all else. The four Warriors decided to stay and try to protect Siridon's etheric sheath, rescue it if they could, and find out what is happening on this ship in more detail.

We just had to flee the ship as soon as possible, but when we all got into the Caddy and tried to open the ship's escape hatch, it would not budge. We were all trying to find a latch or opener, when Siridon, by great mental effort, opened the hatch. There was a clunk of metal and we jumped into the Caddy as it dropped outside the ship and we turned and sped

up to the New Jerusalem. As we traveled, I sat in a chair in the center of the Caddy (first time ever sitting) surrounded by all the spiritual family. I was holding Siridon like the Pieta, as I had held Christian when he died and we brought him to the Christian Community Church. But Siridon is not dead, just wounded and separated from his physical and etheric bodies.

We landed at the door of the amphitheater. I rushed in and laid Siridon on a low table in a healing room, like he had laid me in the healing room on the ship, those many lovely times, and I pulled the sheet up under his chin and said, "I love you and appreciate all you have done for me and humanity. You are now safe in the care of our Solar Regent, Christ. Only the best can heal you, but/and you must know, as I'm sure you do, that there is war on every level of this solar system at this time as we birth a new vibrational level. The opposition to life and evolution is working overtime to thwart and abort human and earthly potential. You have helped us, for which we are infinitely grateful. You will experience only the best and most comprehensive healing now, and we shall all work together again soon. Thank you. I love you." And I left the room, tears streaming down my face. I thought that I would not be involved any more, but that other beings, both human 'dead' and beings of other hierarchies and races will take action when clear and appropriate, and I trust them completely.

Everyone on the trip had to be decontaminated, as well as the Caddy. We were placed in showers of brilliant warm light, like the central channel open a few feet wide. The light penetrated through every molecule and atom of my being. Everyone was experiencing this with profound joy and peace. It aligned and balanced every facet of our beings.

So, dressed in white, the spiritual family and I went to see Christ in a small comfy room down the left hallway, which is the direction of the true Galactic Federation's new headquarters. Christ said, "Thank you for bringing Siridon here. Individual human beings or small groups such as yourselves (referring to my spiritual family or posse) can do rescue missions of this kind because you are not under the rules and regulations of the higher orders. You are still free, even to intervene in higher dimensional situations. This is human destiny in this hour – to help those above yourselves. Many Angels need reclaiming to love and balance and the positive Christed flow of evolution in this galaxy. Many have fallen with their people who have succumbed to the Luciferic and Ahrimanic influence."

"Third and fourth dimensional technology must be replaced by clean fifth and sixth dimensional forces. It's going to be like Noah and Atlantis again. The present technology is destroying much of the surface of Earth because it is not based on love but on destruction, fear and hate. You must lift your consciousness to higher dimensions and communicate with the positive beings there. More humans must come to the classes and tutorials of myself, Christ, and others in the New Jerusalem. People must get beyond the desire and need to see the spiritual worlds physically, and trust and open the third eye, the third and fourth ears, the second nose, etc."

"However, as your bodies are becoming denser because of pollution, radiation, GMOs, and toxic waste poisoning, it is becoming more and more difficult. Please, Beloveds, persevere. Watch and pray. Fast if you can, Meditate boldly, and trust. Among mortal human, trust is a moot point. Trust me – Christ, and trust the forces of love, JOY, and peace."

“As for Siridon, his situation is very difficult. If the Warriors of the Rainbow Light cannot rescue and transport his etheric and physical vestiges and abilities, we may need to send him back to reclaim them, supported by a host of humans in spiritual form and a host from the hierarchies. No lamb must be lost and you have brought him here. He will be saved. Thank you, again.”

“And you, my dear,” He said, smoothing my hair and stroking my cheek like my mother used to do, “have some serious work to do. Get this news out! Please!! The time is running out so it is now acceptable to start shouting from the rooftops as well as whispering together one to one and in small, comfy groups. Step up to the plate, please, and hit a home run. Don't go the way of the messenger of God – the holier than thou way – it's self-defeating. Go straight on, no apologies, no excuses. Just the facts, Mam. Good luck (tee hee) and enjoy.”

Sunday Morning, February 9, 2014 – San Diego, California

The spiritual war is intensifying and moving up into the etheric worlds. I don't feel safe in the donut today. It is just outside the etheric body of Earth, and it is protected, however, human foibles give the dark side a foothold. As we know from the take-over of the sacred mountains and the lecture in Mount Shasta on “Spiritual Pride and Egotism,” many people have evolved and gained access to the higher dimensions, but continue to carry unredeemed egotistical impulses. These are dangerous openings for dark infiltrations and influence. Those people are not getting up to the New Jerusalem, thank goodness. So, I spent only a few moments gazing at Earth from the donut and then Christian's doves called us on to the New Jerusalem.

“To be drenched in apocalyptic karma” is not what human souls need. This thought was the result of sitting in the Amphitheater and contemplating the possible, varied results of the coming cataclysmic changes. There has been so much speculation by the media, such as a return to savagery and survival at the expense of every other human being, looting, and such. But human karma is already so thick and turgid, that more of those scenarios would weigh human evolution down to a standstill. We cannot afford that.

Then I was presented with flashes of what the dark side is offering to the Greys, to secure their cooperation. It has to do with capturing the souls of infants that will die during the cataclysms. Some Greys will be very happy to do that, even if it is karmically unlawful. Some will not do such things because they honor human evolution and have received love and kindness from humans. Some of the infant souls will accept a 'walk-in' Grey cohabiting their soul. There will be many possibilities, lawful and un.

“One does not bargain with the devil,” Christ said to the group looking through the window into the healing room at Siridon lying there. He needs his other parts, his etheric and template for his physical. I asked if they would try diplomacy to get those parts from the dark side, but Christ said that they would never bargain away anyone else, ever, for He knew that the dark side would ask for someone else in return.

There are four Warriors of the Rainbow Light on the ship, so I caddied over to see what progress, but I can't get in because no one is on our light side who will open the hatch

for docking. But wait – the Warriors have come and opened the hatch and are bringing Siridon's etheric body with them. They dropped into the Caddy and we sped back to the New Jerusalem. Siridon's etheric body is faint and damaged, but it is here and will be re-attached to the parts that are already here. I don't know how the Warriors did it, but humans have not often worked in this way, so are not expected or protected against yet in this war in the spiritual worlds. Human beings are going to make tremendous changes in the higher realms when we can function there for good in sufficient numbers. In the beginning, the oppositional forces will not be prepared to deal with us, our energies and our audacious choices and actions.

Siridon's etheric body has been presented to Christ by the Warriors of the Rainbow Light. It has been tampered with and damaged in subtle ways, as well as there being pieces missing. Christ called upon Shushilla, the original White Dragon, the spiritual regent of the Sirius star system where Siridon comes from. She functions for Sirius like Christ does for our Solar System. She holds in her being the perfected etheric template for all the races of Sirius. So Siridon will receive a whole, healthy, perfect, etheric body from her. He is taking a major step in his personal evolution and will be a very valuable force for the positive evolution of his star system and the whole galaxy.

Monday, February 10, 2014 – San Diego, California

After the usual meditations, we all went up to the amphitheater in the New Jerusalem. “Welcome to the New Jerusalem. A general briefing on Earth changes is not appropriate because everything is still in flux. However, there is a small group (of which you are barely one,) who are needing information, so join us in the conference room, please.” So Christ greeted me today. “Thank you,” I replied as the posse and I headed down the hall.

Indeed, we sat in the outer circle of the room – not around the table which was already filled when we arrived. Also, it is not really physical earth changes that is under discussion, but the wars in heaven and on earth.

“Throughout the evolution of the galaxy – in the whole universe in fact – as time and space have elapsed and changes of every nature have been accomplished, turning or tipping points have been achieved. In each transition, some beings have evolved and moved into higher vibrational existence, and some have remained static. Those that have remained at the lower vibrational rates, and not ascended into higher and finer dimensions, are considered retarded beings, in that they have not been able to completely learn and master the limitations of the original dimension, nor gained the tools, skills and qualities of soul and intelligence to move upward into ever more complex and higher levels of existence.

This process of evolution or devolution – the separation within each of the hierarchies into appropriate or retarded factions, has been going on since the creation of the cosmos and the beginning of time. (The rest of the discussion centered around our galaxy and our solar system, specifically.) In each of the recapitulatory rounds of the eons (see diagram – there was one on the blackboard) there have been subtle shifts and separations, and between the seven ages, the division between advanced and retarded beings has become complete. It is clear

therefore, that there are positive and negative, evolved and devolved, ascended and retarded/descended beings within every hierarchy. It is a volatile galaxy. It is growing and evolving or devolving, just as each individual being is. That means that there are many opposition factions within each species, race, and hierarchy. There are many forces with many different goals and destinies. And, many are in opposition to smooth evolutionary progress. It would be wise to understand the goal of existence and the goals of the counter-evolutionary forces also.

(Chapter 8 and more of the “Conceptual Matrix” of the Cosmos: Humanities Place in Time and Space)

As we left the conference room, I asked about Siridon and went with Christ to look through the window, again. He is being cleansed, detoxified and reintegrated with the etheric template which Shushilla, the original White Dragon, brought from Sirius. I asked if I could help in any way, as his etheric volume was very low and he needed an etheric transfusion. I thought at first that I would give him some of mine, but then I realized that he would get my memories, and such nonsense he did not need. Then I remembered Reiki and hands on healing. The way it works for me now is: the central channel to the etheric and all forces from the sun is opened wide. As the stream of etheric force (which looks like white light) moves down through the central channel and the spinal column and reaches the heart chakra, it is enlivened with human love, and splits into two streams which move through my arms and out my palms.

So, Shushilla and I did hands-on healing for Siridon – at first we worked at his sides to sense the energy flow in the chakras. Then with my clearly focused, unwavering mental intention, “I offer only pure etheric energy to be utilized by Siridon as he needs and wants it,” I sat at his head and Shushilla at his feet. The energy poured like milk into all parts of the new etheric template and filled Siridon to overflowing. He is an interesting mix now of Sirian and Earthly nature. We are close enough, our two star systems, to be blended. And, besides, he and I have a bond of love and kindness already, so we trust each other and can give and receive consciously. He looked infinitely better. I am so grateful.

Tuesday, February 18, 2014 – San Diego, California

Up to the New Jerusalem in a very altered state this morning. I wanted to see how Siridon is doing. He is doing well and not in the tattered white robes of last time on the Federation ship, but in a casual light body (which means I can't see his body properly – it's just there, like light.) He looks normal now. Siridon is another etheric son. When we realized that we all laughed uproariously. He is so high above human me and so wise and wonderful that it is really silly.

I asked for healing to help focus and get the message out. Siridon said, “Come on, lets give her what she needs.” So we all went down the hall to a healing room with a massage-type table set in the center. I lay down and Christ sat at my head and everyone of the spiritual family stood around me and gave me hands-on cosmic healing. Siridon worked at my feet. I went through some intense kundalini-like breathing which cleansed the astral body as well as

the physical and etheric. My brain was cleared and opened up, and then new neural pathways were instituted for compassion, human connections, timeliness, courage, fortitude, self-worth, esteem and love, and enthusiastically getting to the business at hand, which for me now is getting the messages out to people.

I tapped things in and released my 3 husbands. Then Christ said, "She likes the tapping. Lets all tap these transformations in on every part of her body." So everyone tapped on the points all over me, sealing in the new attitudes, feelings and will impulses in physical, etheric, astral and Ego/I. I rose up singing.

Wednesday, February 19, 2014 – San Diego, California

Siridon joined the spiritual family today. From the donut I see a couple of ash plumes from volcanoes and wonder how his will be affecting the weather.

Then we got up to the New Jerusalem and at Siridon's suggestion, went to the Galactic Federation wing to tackle that problem/issue. There were plans to air lift numbers of humans off Earth when some of the serious shit hit the fan, but now, most of the Galactic Federation has been infiltrated and most ships have been overtaken, like the ship on which Siridon was the project manager. The dark side will take other people than the rightful Galactic Federation would have taken. It does not look good for human evolution. If the same old level of evil is going to be perpetuated on the new Earth, it may not be as "easy and natural" to birth the new paradigm as formerly thought. And simply ascending is not the issue either because no one is ready yet to do that in sufficient numbers to perpetuate the human species and evolution. It's a dilemma. It is not as simple as overrunning and taking back the ships, because they have weapons which damage or destroy the etheric body (atomic, radiation, and lazer weapons.)

So, what to do? What can be done? There was a coup staged at a general Galactic Federation meeting in the main headquarters in the Pleiades or somewhere in the galaxy. A being from very high up used mental, psychic control to "blanket the meeting" and lower consciousness, then propose a vote with dubious motives and results and push it through. They therefore took control of galactic communications. That way and because of the "blanket" beings were deceived and kept ignorant. Small take-overs could occur on mother ships because they were not informed and the small take-over parties came in cloaked ships, or simply arrived and were invited in because deception was not expected from 'their own' members. It was the 'unsuspected' aspect which was designed like the Friday the 13th take-over on Earth of the sacred mountains.

So now, the contingency of the rightful Galactic Federation personnel that had been posted here on Earth must find ways of regaining the ship or otherwise accomplishing their mission of peace and positive evolution for humans and all members of all the hierarchies involved in this solar system and this quadrant of the universe.

Siridon, myself and the spiritual posse, sat in the Galactic Federation conference room and watched for a while as a holographic Earth was displayed, along with the many and varied ships in the sky above. They are now all talking and making deals and plans among

the different species of beings from a number of different star system about how to coordinate and co-operate with their own planetary star ships and resources at their command at this moment to facilitate a positive outcome for the coming changes.

We left Siridon with them and went to talk about how we humans, both living and dead, can be of assistance. There are millions of Warriors of the Rainbow Light and they all agreed to help in any way possible. Their etheric bodies have already suffered damage, so they feel it would not be a total disaster if something else happened to themselves in the process. More will be revealed in time. We are ready to do whatever might be necessary.

Friday, February 21, 2014 – San Diego, California

After the usual meditations, Christian Alexander said, "Let's you and I take a little time together. Let's walk." So we did, and sent love to his sisters. Each one was showered with love and then I tapped on my surrogate self for the opening of their hearts to receive it all. We joined the rest of the spiritual family and then there was a message from a very formal spiritual being. It was not Christ or anyone I have known before, but it is important information considering the new age cosmic fluff-bunny nonsense that went on at the "Galactic Katchina." The girl who presented, is a brash Aries, and not very knowledgeable. The Galactic Katchina who spoke through her is also pretty dumb or reading from a script I have already heard 30 or 40 times. Goopy, sweet, feel good stuff with no content. And not really applied anywhere of meaning. Utilizing spiritual experiences for physical sensations of delight. Anyway. I'm glad I wrote that, so if I do talk to the young woman, I will not have an emotional charge. I have expressed it and from now on will address the subject with a better balance.

So the austere being said, "There have been many plans on many dimensions (referring to Earth changes and the continuation of human evolution.) Everything is in flux. The game is unfolding at a wild and break-neck pace. No human can fathom the complexity or the scale and scope of the situation at this time. Instead, a modest grasp of reality close to home is advised. Watch what is happening on Earth, the planet; cultures, civilizations and societies; governments; finances; education; all such things as affect daily human life. Earth is where you are and what needs your focus, energy and intelligence."

"And yes, you humans are multidimensional beings and have a conscious Ego/I, and are aspiring to the 'spirit self,' your next higher spiritual body, which is indeed a purified and perfected astral body. You can indeed sometimes experience that realm – the highest body of the Angels and part of the Archangels and Archai – and by analogy and metaphor, experience and come to understand some things of the world and beings of the higher hierarchies. But do not delude yourself, that you understand the universe. What Rudolf Steiner has brought to consciousness is all true – it is a firm basis for human comprehension. You might like to study more yourself, Sharon." (I am always addressed as "Sharon" when it is serious and important. Kienda is lighter.)

"Speak to as many as will hear. Don't waste time on those who will not, or those who are caught up in the Luciferic or Ahrimanic illusions that are rampant on your Earth. Stay in

touch with your Angel and spiritual family, and with Christ – your Solar regent. Follow the promptings of your heart. Trust them.”

So all that was good to hear. I feel ready to settle down to beloved Earth again. The last bits and journals have been getting farther and farther out and away. It’s time to come home.

Something malevolent like the 'Balrock' is at work in the Galactic Federation and the galaxy issue and is rising up on many worlds. Then I had an “ahaaaa.” Of course!! We all go together when we go, so, many systems within our galaxy are at a similar crucial place. The opposition is running amuck not just on Earth, but on other planets and in other dimensions. That’s why I am advised to come back down to Earth. This is where I take my stand. I can do work in the higher dimensions also, but it is on Earth that I live and belong now.

Friday, February 25, 2014 – Fallbrook, California

Is it possible that angels and resurrected bodies are created and drawn together from lighter elements like hydrogen and helium? Are there 'etheric' elements by which energy and etheric forms, shapes and bodies are constructed? Is the energy of the caddy construction synonymous with unconditional love because it is a force created by 2 discreet entities united and

functioning individually in the same space? They are in one space/time but two different beings and movements.

So after those musings and questions, we went up to the New Jerusalem, stopping by Christian's pearl. He said, “I am so NOT here, Mom.” and it’s true, and it feels good and very clear. This year was a real change for him.

Later in the day I was napping in Van Pius. I awoke to take notes on the Galactic Federation meeting in New Jerusalem. They handed out programs when we came into the theater/auditorium. The conference was entitled “Why Are We Here? What Are We Doing?”

Siridon spoke, since he is now here, healed and working for the true Galactic Federation, for whom he fought, struggled and suffered. “I am, or was, a project manager on Federation Mother Ship C3, so I am aware of the present state of affairs within the federation and I am also the historian for the project I was working on. A time ago (long or short is dependent upon which dimension one is speaking of), the Zeta Reticuli petitioned the Federation to acquire genetic material for rebuilding their race. They were given permission to explore for appropriate planets and races, and the guidelines for contact and interaction were carefully defined.

No trauma to the indigenous populations

No physical contact until appropriate protocols are in place.

Permission must be granted by the ruling hierarchy members for the star system and its planets.

After many explorations on many planets and considering many factors in relation to the 3-D inhabitants, it was decided that Human Beings on planet Earth would be appropriate.”

“The Zeta Reticuli serve and collaborate with many other species in the Federation and

unfortunately – or just as a matter of galactic reality – there are positively oriented and negatively oriented individuals and groups within every species. Therefore, some of the encounters and experiments by and on behalf of the Zeta Reticuli have been legitimate and appropriate. Others have not been. Our ship was taken over by the predominantly negative factions of many races who have made an unholy alliance – each for their own ends and goals. Ultimately their divisions will place them at odds with one another, but at this time, they have united in an effort to keep as much of the galaxy in a lower vibration which allows them more freedom and leeway in their dark endeavors. As we all know, the war is: evolution versus devolution – ascending into higher vibratory dimensions or descending to lower vibrational fields.”

“The story of human evolution is fraught with that struggle. There are appropriate and inappropriate interventions into a planet's evolutionary scheme. The breach of protocol and acceptability, called the Fall or the Luciferic intervention was most unfortunate for planned human evolution. However, being a plucky and resourceful, not to mention dogged and perseverant little race; and because your Solar Regent has tremendous integrity, wisdom, and power which He has totally devoted to His system and all the beings and species within it; you on Earth have made an art of making lemonade from bitter lemons. Good has been wrung from the bad. Evil has been turned to life. It's been long and arduous, but humanity will make it in the end.”

“The project I was working on was to facilitate and expedite a further evolutionary step towards redemption of the Luciferic influence. What Lucifer had hard wired into human physiology and anatomy was in need of replacement which would create new circuits and response mechanisms appropriate to the present time and the future. It was a multi-racial, inter-galactic project. Evolved Reptilians, and Dragons from a number of evolved star systems were in alignment and agreement. It was a group of such individuals that conceived the idea, petitioned the Galactic Federation and have spearheaded the whole project. Individuals from other species, such as myself, a Leonine Sirian, volunteered to staff and assist. A number of Zeta Reticuli who had positive experiences with humans in former contacts, tests, and experiments, gladly volunteered to assist as well.”

“The potential for the transmutation of the reptilian brain stem and its effect on cell function, emotion, and thought has been planted like a seed in approximately 85 to 90 % of humankind. Unfortunately the project was not perfectly completed before the take-over and disruption of the program.”

“That is a brief description of why I, myself, Siridon of Sirius B, Manager of *Project Luciferic Redemption: The Transformation of the Reptilian Brain Stem in Humankind to the Higher Octave of Dragon Wisdom*, am here and what I was doing on the Galactic Federation Mother Ship C3 501, (laughter.) Using your terminology, she was a non-profit, inter-stellar home ship. Now she has been pirated to an outpost of the negative reptilians who prefer the old function of the reptilian brain to create fear and anger, and a group of renegades from other star systems and other races that prefer – in fact, thrive on – negative emotions.

(An addendum from August 2016 is appropriate here. During the question and answer

period of his lecture at the *Secret Space Program Part II* conference at Castle Lake near Mt. Shasta, Cory Goode said that the Secret Space Alliance had a “catch or kill” contract out on Feline races – of which Siridon is one. So that explains the other races that I noted above. That unfortunately includes, rebel human beings and covert terrestrial operations.)

Tuesday, March 4, 2014 – Fallbrook, California

Christ greeted us and Siridon had joined. “Welcome Friends, these times are amazing. The creativity and pluckiness on both sides of the spectrum are amazing. The component that is needed to tip the scales to the balance and the positive is – human love. It is a substance – and astral substance which, like water, flows into all places, spaces and times. It brings every extreme into balance and harmony. I, the Solar Regent, beam divine love to my whole system – to even the planets at the farthest edges of my gravitational field. That is good. That is my gift and my task and my joy. It is the raw material for lesser species to work with, heal with, and create with.”

“Humanity's task as the 'Rainbow Bridge' between heaven and earth, is to step down my stellar energies to an intentionally creative force on Earth. There is so much you can and must do with what you are given and receive – nurture Earth and all her creatures, incubate all positive potential within those you are responsible for – family and friends, animals both wild and domestic, the plants and Elementals, stones and Geology, and Mother Earth herself. You must also include your angels. Humanity is responsible for responding appropriately to their angel's suggestions and guidance, and the archangels and archai who orchestrate human evolution through evolving civilizations and cultures through eons of time. Humans have the opportunity to respond positively or negatively, to further or hinder the inexorable march of evolution.”

“That evolution has stalled on Earth. It's time to consciously get back on track. It's time to generate and offer the palpable substance of human love into the evolutionary mix. All creation advances together through a recapitulating pattern. Each strata of the hierarchies goes through a general pattern of evolution, from unformed potential, to physically manifest intelligence, to ever higher levels of consciousness beyond the physical, to creative god-hood. Humankind is in the pivotal, physically manifest stage, and one of the tasks of that particular state is to bond the physical and sub-physical worlds with the higher, super-sensible worlds and beings, in loving consciousness. “

So, I understood that we are the glue that keeps the worlds integrated. And, we are the weak link in the chain of life because of sleep and death, and periods of unconsciousness. We must unite heaven and earth in a unity of conscious, intelligent, compassionate love. As Christ beams his radiant love on all the planets of the solar system, we humans must beam our human love on Earth and send it out into the cosmos in loving appreciation of the existence of the stars in the sky and the mystery of life – both cosmic and individual. 'It's time to step up to the cosmic plate and hit a home run of pure love.'

Then we sat for a bit and I asked to see Siridon to see how he is doing now. He came

out from stage right walking boldly and radiating good health. I ran to hug him. He is doing wonderfully. "I am integrating multiple galactic energies very well. I am truly an interstellar individual now. It is quite rare."

Christ approved of our going off to the Galactic Federation wing, as I am quite concerned about it. I asked for an overview of the cosmic situation: "This is a time of great decision throughout the whole galaxy. Our quadrant (sector) is in the greatest upheaval because on almost all levels of the hierarchy of existence, individuation is occurring. Choices are being made, both consciously and un. Each individual entity must gather information and cognize the fractal pattern of universal existence at their own individual scale and scope – the wider, higher, and deeper, the better. More and far-reaching, with a greater variety of perception and application is also better. Unfortunately, not all humans are capable or willing to do this work. You, Kienda, have and it is paramount that you share not only your information, but your process. So many people are fools and pawns in the dark side's game, though unknowingly. Go for it, girl. Talk on. You have been privileged as well as that you have worked hard, but you know and we know that karma has been in your favor and you have been blessed and supported by the spiritual worlds. Good work! (I've been a little slow and hesitant, and 'poor me' sometimes, but 'whata hey.) Git, git, git going."

So, I come up here to the New Jerusalem and the spiritual worlds to continue to research the Galactic Federation, The Deeds of Christ, Changes Coming, and Good and Evil (*The Devolution of Evil* should be finished.)

People need to know different things in sequence:

The Conceptual Matrix – 3 and 4 foldness, hierarchies, evolution of consciousness, patterns of life and death, all the basics.

The Deeds of Christ – the ceremony for the Elementals, healing self and Earth.

Meditative Practices and Spiritual Research.

The Devolution of Evil – understanding Evil and its purpose, and how to stand against it.

So then I went to the Galactic Federation wing. The general form of the Galactic Federation has been very open and adaptable to individual needs, desires and plans. However, a group has begun to influence others and build a manipulated coalition which has taken over, then held by force, some ships in different parts of the sector as well as manipulating representatives at the home base of the Galactic Federation. They began their maneuvers because the light of consciousness is in ascendancy and they felt threatened, as their numbers were waning. Former participants in the dark agenda had defected to the more open, trusting, compassionate light side. (Perhaps there have been other experiences such as G. P.'s in the redemption of dark beings in other places in the galaxy.)

The number of beings (human and other) who have joined the darkness is small in comparison to those who are basically asleep at the wheel of life. The number of beings who are truly dedicated to the light is also small compared to their sleeping companions. There is now at this moment in the evolution of this quadrant of the galaxy, a major influx of cosmic light and consciousness. The masses are beginning to stir from their complacent sleep. The dark side wants to continue to feed off the energies of the sleeping, unconscious masses.

They don't want them waking up and choosing the light side. They are now intensifying their activities of suppression and manipulation. In fact, they are doubling their efforts unscrupulously. They have infiltrated and attacked the Galactic Federation wherever they could and so have 'taken' ships across the galaxy (not all) and splintered home base. It has worked for good through the difficulties. Siridon as in interstellar being, is an example. The fact that the true followers of the rightful intentions of the Galactic Federation are now located in the New Jerusalem of Earth and on other planets in the solar system and in other systems also is an example. Now there is a closer working with humanity on Earth. Perhaps that is just more optimism because I just realized that the dark side in their overtaken mother ships are working more closely with the dark side on Earth, as well. So, now I have set the stage for myself. I have clarified as best I can what is going on and can act as necessary in the future.

Tuesday, April 23, 2014 – San Juan Ridge, California

Up to the New Jerusalem after the preliminary meditations. They said: "Center. Let go of emotions. Be yourself. Give, but not too much. Do your work and accomplish what is necessary!! Do the good that is yours to do."

"Now about the LaGrange point, the gravity of the sun is levity on earth. The physical body is totally earthly. The etheric body is the energy from the sun. The astral body is from the stars and the zodiac, and the Ego/I is of the whole cosmos – the universe." Then they showed a small group of us a hologram of the solar system and the LaGrange points between and among all the planets, moons and the sun. All those kinds of physical bodies are 'material.' The forces that keep them in place and moving harmoniously are etheric sun forces. The LaGrange point and all other such balanced points are like points along the meridians in the human etheric body. They mark the course of etheric energy movement, intersection, and balance.

The ETs and hierarchies beyond our solar system are forces of 'higher' evolution (on at least the technical level), individualization (usually) and emotion (hopefully.) Comets are also astral expressions. Every planet has LaGrange points with the sun and their moon(s). All are used and useful to ETs and the hierarchies, whether benign or malevolent.

Ignazio is right – the ET space-craft move on the ley lines of the etheric, once inside our solar system. Beyond our solar system, there are 'rays,' 'meridians,' 'points,' and 'ley lines' of other forces, galactic and cosmic. (The ley line/meridians of the solar and cosmic forces are like the 'rays' I perceived in my journey to Galactic Center, way back in the 1990s when doing the original research on the journey between death and rebirth for my thesis.)

'Warp speed' is jumping timelines from one system to another without having to traverse the intervening space. It's a matter of folding the space to shorten or eliminate the time it usually in a linear fashion, to traverses the space.

July 22, 2014 – Steamboat Island Road, Washington

Lucifer has just begun the process of redemption and creation of his karma. It is a

momentous time. So – I went to connect to the many beings I have loved and appreciated and worked with in the spiritual worlds. I have been thinking of the little baby Gray that I loved so long ago – and even the prickly older one. Siridon, hale and hearty, came along with me since we are a very good example of inter-species, inter-planetary, inter-star-system beings, working together.

I just opened my physical arms in the meditation and called to the little blond, curly-headed Gray child that I had held and rocked, sung to and loved. I called her “Little Point of Light.” Then I realized that I had loved many at some time. Though I only remembered one experience, I now realized that I had done this loving many times. I was helpful many times and for a longtime. You see, back then, I was not afraid either. The prickly older Gray was a test to see if I rejected or was repulsed by their species. I was not. Although I couldn't really enjoy the presence of the adult, I exchanged with him with equanimity.

As I realized this, a whole group of “Little Points of Light” came to me and filled my arms to overflowing. They were all happy, bright, and although silent, expressed joy. I asked Siridon, “What story shall I tell them?” and he said, “Tell them the story of the Redemption of the Light.”

The story of the Redemption of the Light is the story of the redemption of Lucifer – the Light Bearer.

Saturday, March 7, 2015 – San Juan Ridge, California

The Galactic Federation is holding steady. The dark interlopers are no longer near earth. They have had to move away. The quarantine of our planet is still going on and we are left to deal with our own messes. We must step out against the government, big business, big banks, and big agro. We humans must insist upon human values in our world. “Earth for Humankind” that is the rallying cry.

I asked Siridon, “How can we extricate possessing entities from people?” He said, “Again, this issue needs a group of people to ask this question and do the work. Twelve would be optimum to work on a large scale at national levels, but three could work in communities, two in neighborhoods, three or more in cities. State level needs nine, and so on. Where are the Anthroposophists now when we need them? Locked in their egotistical little groups or unfortunately large groups, but only interested in their own gain. It is a delicate balance between one's own necessary development and working together spiritually with others (on both sides of the threshold) for national destiny and world evolution.”

“You humans need to wake up to the tasks required by evolution. Evolution is moving along and you people need to catch up. There are gaps and the opposition is happy to fill them. That makes your lives more difficult. It's harder to wake up. Now there is a little time and space. What will you do? Go back to sleep or awaken and take action? It is a choice. This is what humanity must do now, not just languish in individual development of a precious personal nature. Time for action. Time to learn by doing. Time to cleanse the temple.”

Wednesday, April 1, 2015 – Marin Valley, California

This morning Siridon was congratulating me on soon becoming an Oma. He explained how they procreate. They, his race, are like Angels in that they don't usually have physical bodies. They live in realms higher. He said, "We call souls down from higher realms. We bond with the soul for the purposes of working together and that bond is the thread or doorway for their descent into the working etheric realms, which are the creative realms for us at this stage of our evolution.

(The subject was continued on Monday, April 6, 2015 – Marin Valley, California)

We, my race of Leonine beings on Sirius B, have evolved to the state in which the Angels exist on your planet, with the very important addition of free will. Really, who we are is what you, the human race will become when your solar system evolves upward. Our physical incarnations came, like yours is now, when the physical world was very complex and very dense. The Angels of your solar system experienced physicality on 'Old Moon', the stage of existence before the present 'Earth round.' The physical material world was very different and not nearly so dense, sclerotic or limited as it is now. All matter was mobile, very warm and constantly mutating according to cosmic, physical laws. Therefore, there was no free will or the individualized ability to regulate or master the changes. Angel consciousness could not penetrate and modify physical material substance to any degree at that time and in that state. The Angels were moved and transformed by the laws of the dimension they existed in and they had very little, if any, free will to modify their experiences.

Humanity now, because the material world is so dense, must, by their own effort of will and application of individual consciousness, penetrate completely into the physical and etheric aspects of matter, becoming creators in their own bodies and on Earth. 'The turning point of time,' the mystery of Golgotha, is not only the overcoming of death, but the descent of cosmic intelligence and will into the stream of human evolution. Humanity was sufficiently prepared – or perhaps, but for the forces of the opposition triumphing over potential human evolution – Christ intervened by bringing the potential of new powers and abilities down into the physical material world and embedding them in human physical bodies. Then at ascension, He created a new template for human etheric bodies. In May of 2011, He ascended further and with the redemption of Lucifer, is seeding new forces and abilities in the human astral body.

People must integrate totally, the Christed qualities of His etheric model. All matter is infused with Christed potential, not just the bread and wine of communion. Every morsel we eat, every liquid we sip is the body and blood of Christ. We need to move on now from there to actualizing Christ's powers in our individual lives.

A new task has been set for humankind: to learn to use 'love' as a creating force in the etheric and physical realms. We must learn what we truly love and why, and then apply that to physical manifestation. We need to live consciously in multiple realms. From the astral world, we must impress the etheric with visions and inspirations of love-filled desires that are in alignment with noble, beautiful, and true human evolution.

Biography

Kienda (Betrue) Valbracht, IMA Thanatology, is a Clinical Hypnotherapist and a SIDS mother. The death of her infant son, Christian Alexander, impelled her into an exploration of Death's domain, culminating in her published book: *Lucid Death: Conscious Journeys Beyond the Threshold*, (available from her web site www.cosmicodyssey.info Barnes & Noble, or Amazon.) Creating structure and form from the seething cauldron of inspiration, she has a number of monographs of the latest adventures in the spiritual worlds available to download from her web-site – as well as her blog: *Conversations with Edgar Mitchell and the Interstellar Team*.

Kienda is a Spiritual Scientist, safely navigating the spiritual worlds, researching karma and reincarnation, the journey of the soul between death and rebirth, and other spiritually oriented issues.

She also facilitates individual Alchemical Hypnotherapy sessions (Facilitated Spiritual Experiences) which are then metamorphosed into practical wisdom for a richer, more effective, conscious life in the present.

For information on talks and workshops blending spiritual concepts with years of practical experience – such as:

- ***The Journey of the Soul Between Death and Rebirth**
- ***Reincarnation and Karma**
- ***A Conceptual Matrix of the Cosmos – Humanity's Place in Time and Space**
- ***Meditative Practices Leading to Spiritual Research**
- ***The Evolution of Consciousness**
- ***The Extra-Terrestrial Issue**
- ***The Deeds of Christ and the Redemption of Lucifer**
- ***Radiation and the Elemental World**
- ***Transformation of the Reptilian Brain-Stem to the Dragon of Higher Consciousness**

and many others, with which to understand the human condition in the greater design of the evolution of consciousness, both individually and universally – **contact Kienda at:**

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